



BULLETIN OF ROTARY CLUB CHANDIGARH CENTRAL

ROTARY KIRAN

R.I. District 3080 | Club No. 24845



CREATE HOPE
in the WORLD

Vol : XXVIII

Meeting No. : 1780

Issue No. : 06/2023-24

Date : 01-01-2024

RI President

Rtn Gordon R Mcinally

District Governor

Rtn Arun Mongia

President

Rtn Sunil Kansal

President Elect

Rtn Surendra Prasad Ojha

Senior Vice President

Rtn Anil Sharma

Vice President

Rtn Deepak Verma

Secretary

Rtn Vebhu Bhatnagar

IPP

Rtn Bhupinder Singh Kapur

Sargent at Arms

Rtn Ashish Midha

Joint Secretary

Rtn Ved Parkash Sharma

Club Treasurer

Rtn Jagdish Bansal

Trust Treasurer

Rtn R. S. Cheema

DIRECTORS

Community

Rtn Hardev Singh Ubha

International Services

Rtn Ankush Gupta

Club Services

Rtn Sanjeev Sharma

New Generation

Rtn Sukhraj Singh Riar

Vocational

Rtn Ashok Kumar Gupta

Editorial Team

Rtn JS Lamba

Rtn Sarvjit Rai



नव वर्ष 2024 की शुभकामनाएं

नव वर्ष की आपको और आपके परिवार को हार्दिक शुभकामनाएं!

नया साल नए आरंभों, नए सपनों, और नई संभावनाओं का समय है। यह साल आपके जीवन में सुख और समृद्धि की प्राप्ति का समय हो। मैं नए वर्ष में आपको स्वस्थ और समृद्धि से भरे हुये जीवन की कामना करता हूँ।

नया वर्ष एक नया अध्याय लाता है, जिसमें हम अपने लक्ष्यों की प्राप्ति के लिए कठिनाईयों का सामना करते हैं और नई सफलता की ऊँचाइयों को छूने का सामर्थ्य बढ़ाते हैं। मैं आपको इस यात्रा में सफलता की हार्दिक शुभकामनाएं देता हूँ।

नया साल आपको नई ऊर्जा, नई उम्मीदें, और नई प्रेरणा प्रदान करे। आप अपने जीवन को और भी सजीव और संपन्न बनाएं, यही कामना है। नए साल के आने पर हम सभी मिलकर खुशियों और समृद्धि का स्वागत करते हैं। नया साल आपके लिए एक नया आरंभ हो, और आप अपने सपनों को हकीकत में बदलें। नव वर्ष की आपको ढेरों शुभकामनाएं!

आदर सहित

सुनील काँसल

प्रधान, रोटरी क्लब चंडीगढ़ सेंट्रल



Check the activities of Rotary Club Chandigarh Central at www.rcchandigarhcentral.rotaryindia.org



RC Chandigarh Central



rcchdcentral@gmail.com



Rotaryindia.org

Next meeting: To be announced

(For Private Circulation only)



In difficult times like these, it's impossible to avoid feeling heartbroken over the devastation and loss of life caused by war and destruction.

Rotary always stands against harming and displacing civilian populations and using armed aggression instead of pursuing peaceful solutions. We advocate for the observance and respect of international law. We believe in strong action to defend and promote peace, even in the darkest of times.

But we also take our position as an international, nonpolitical, nonreligious organization seriously. To respect the global perspectives and experiences of our members, and to work most effectively in our peacebuilding efforts, we do not choose sides in conflicts.

Rotary is made up of 1.4 million people in communities all over the globe who are united in our commitment to building a peaceful world. We strive to ensure that our words and actions prioritize the health and safety of our global membership and the communities where we live and serve.

Our members seek to offer humanitarian assistance to those affected by conflict, and our global reach requires that we promote peace building and conflict prevention with cross-cultural, cross-border connections and friendship through Rotary.

For decades, Rotary has harnessed these connections to carry out service projects, support peace fellowships and scholarships, and establish programs like Rotary Peace Centers to help build lasting peace. Our members also take action to promote Positive Peace, addressing the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

Rotary members who wish to wage peace can use district grants and Rotary Foundation global grants to support projects with other Rotary members that help refugees and displaced people, provide medical support, and more worldwide. Members can also work with or join peace-focused Rotary Action Groups, Friendship Exchanges, Fellowships, and intercountry committees. And District Designated Funds or district cash can support our peacebuilding and conflict prevention efforts.

Members and nonmembers alike can learn more about peacebuilding through the Rotary Positive Peace Academy, a free online course available to anyone with an internet connection. You can find it at positivepeace.academy/rotary.

There is no denying that incidents of violence and atrocities being perpetuated around the world seem to be escalating. Global peace is fragile, and the stakes are getting higher.

Still, we know that it is possible to bring all people together to work toward a shared goal. Rotary members do so every day in every part of the world. May our ability to unify in common purpose be a spark that helps light the path out of these dark days.

Together, let's *Create Hope in the World*.

R. Gordon R. McInally
President 2023-24

Meeting 1780

MINUTES OF BUSINESS MEET NO 1780 OF ROTARY CLUB CHANDIGARH CENTRAL HELD ON 06-12-2023 AT CHANDIGARH CLUB

A. Information of following meetings, events and projects held after meeting no. 1779 held on 29-11-2023 was shared with members

1. Bon Voyage to DGE Rtn Rajpal Singh ji at Roorkee on 3rd December 2023: It was attended by Rtn Sunil Kansal, PE Rtn SP Ojha, Rtn RS Cheema and Rtn Sukhraj Riar.

B. Information regarding forthcoming projects / events was shared with members:

Residential RYLA for special Children from 11th December to 13th December 2023.

About 150 ID (Intellectually Disabled) children would be invited from nearby states. Two Rotary Clubs are involved i.e., RC Chandigarh Midtown and our club. This event would be conducted in collaboration with Chandigarh Administration and SOB (Special Olympics Bharat). The details were shared with members. The approximate expenditure for this event would be Rs. 4-5Lacs and members were requested to donate generously for this event and make efforts to arrange some sponsor. Some members confirmed their donation during meeting. President pays gratitude to them on behalf of RCCC.

Meeting ended with thanks to all present.

Bon Voyage to DGE Rtn Rajpal Singh on 03-12-23 at Roorkee



Three-Day RYLA Vishesh

at Punjab University Gymnasium Hall from 11th to 13th December 2023

The Punjab University Gymnasium Hall witnessed a spectacular event from the 11th to the 13th of December as the three-day RYLA Vishesh unfolded with enthusiasm and camaraderie. A total of 177 athletes from various states of the North zone participated in a multitude of games, fostering a spirit of sportsmanship and inclusivity.

The event featured competitions in badminton, bocce, athletics, and not just limited to physical sports, but also delved into the realms of healing workshops. Attendees were engaged in enlightening sessions on art, music, dance, and mindfulness, providing a holistic experience beyond the athletic arena.

The grand opening ceremony was inaugurated by esteemed dignitaries including Sh. Ojaswee Sharma, Mr. Mani, International Gold Medallist and Special Athlete, and Mr. Navin Kumar, Joint Director SDM South. The ceremony set the tone for the days ahead, showcasing the vibrancy and diversity that the event promised.

The culmination of the event was marked by a captivating closing ceremony, where all participating teams engaged in a colourful march past, accompanied by the melodious tunes of the Traffic Police Band. The atmosphere was charged with the spirit of achievement and unity.

Distinguished personalities graced the occasion, including Mrs. Mallika Nadda, National President of Special Olympics Bharat (SOB), Dr. Pallika Arora, PCS, Prof Harsh Nayyar, Director R&D PU, District Governor Rtn Arun Mongia, Celebrity Deepali Rajput, and State Presidents of SOB. Their presence added prestige and encouragement to the participants.

Mrs Nadda Insisted that to make the event more inclusive the entire university students must be involved so that awareness and acceptance of Divyangjan is more homogenous. DG Rtn Arun Mongia showed his commitment to special RYLA and contributed Rs 50000 from district funds. Rotary International and Rotarians will work towards spreading awareness and inclusion of special athletes. Dr Pallika Arora said that department is grateful to Rotary and SOB for collaborating and making this event a grand success.

The event was a collaborative effort, organized by the Department of Social Welfare Chandigarh, Rotary Club Chandigarh Midtown, and Chandigarh Central Zone 5 RID 3080, who partnered with SOB to ensure the event's inclusivity and equity. The collective dedication of these organizations ensured that the RYLA Vishesh was not just a sports event but an enriching experience for all participants.

The success of the event is a testament to the power of collaboration, sportsmanship, and the commitment to creating an inclusive environment for all. The three-day extravaganza left a lasting impression, fostering a sense of community and empowerment among the participants. Group dance from Himachal Pradesh representing Tricolour was judged best performance of the. Event and felicitation by Dr Mallika Nadda and other dignitaries of star athlete of each state was overwhelming experience.









हौसलों से मुस्कान तक

शीत ऋतु के आगमन पर जैसे उड़ आते हैं, प्रवासी पक्षी कर तय लम्बी परवान,
Rotary Club Chd Central ने मिलाकर हाथ, Rotary Club midtown के साथ ,
दी अपने विचारों क भी एक उड़ान ,चल करते हैं कुछ नया और ,
मिलकर ले आते हैं, खेल खेल में कुछ स्पेशल चेहरों पर भी मुस्कान ।

भेजा गया सादर निमंत्रण हर बस्ती हर प्रांत ,
सब बच्च को, जो चूक गये हैं ,पाने से, पूरणता का वरदान,
होते ही ऐलान, फिर बड़े कई हाथ करने को, सब काम,
टिमटिमाने लगे तारे जमी पर, सशक्त बीच, खेल मैदान ।

तीन दिन फिर चला मुकाबला, हुए तरह तरह के खेल,
कुछ ने गाया, कुछ ने बजाया, कुछ ने किया रंगो का मेल,
शाम ढले तारों के नीचे , DJ संग, भक— भक चली गीतों की रेल,
थिरके पैर, सभी, हर धुन पर, खुशियाँ बटीं बेमेल ।

मिल जाता है गर कौशल विकसित होने का प्रावधान,
राहें खुद लेकर जाती है राही क मंजिल तक साहिबान,
नमन है सभी अमभवाहकों को जिन्होंने दिया इनको संपूर्ण सम्मान,
जिनके अथक परिश्रम के कारण हम ला पाए स्पेशल चेहरों पर स्पेशल मुस्कान ।

वंदना
दिसंबर २०२३

Distribution of high protein diet packets to TB patients

at DOT Centre, Sector 56, Chandigarh on 28th December 2023

65 TB patients of Palsora area, Chandigarh attached to DOT centre sec 56 Chandigarh were given High protein diet packets. TB patients often require extra calories to help aid recovery. Consuming high-calorie foods can provide the necessary energy. TB patients may experience loss of appetite, nausea and weight loss, which can lead to weakness and fatigue. Consuming high-energy foods like smoothies, soups and stews can provide the necessary nutrients in an easily digestible form. These foods can be rich in carbohydrates, protein and healthy fats, providing the necessary energy to aid recovery and prevent further complications. Rtn Vebhu Bhatnagar and Rtn Ved Parkash Sharma were present with President to distribute these food packets to the patients.





11th January	Rtn. Inderjeet Singh
12th January	Rtn. D.S. Saini
17th January	Rtn. Karan Kapoor
20th January	Rtn. Vebhu Bhatnagar

06th February	Rtn. Jagjeet Singh
06th February	Rtn. Aman Kapoor
06th February	Rtn. Rakesh Kapila
07th February	Rtn. Sulalit Kumar Gupta
12th February	Sonu Agnihotri
19th February	Devinder Singh
28th February	Ved Parkash Sharma



04th January	Rtn. Harpreet Singh Nibber
24th January	Rtn. Ashok Bansal
27th January	Rtn. Amarjit Singh
30th January	Rtn. Rajinder Singh Cheema

07th February	Rtn. Dr. R P Gupta
07th February	Rtn. Sanjeev Wg. Cdr. Sharma
07th February	Rtn. Sonu Agnihotri
10th February	Rtn. D S Malhotra
10th February	Rtn. Ankush Gupta
10th February	Rtn. Baljit Sandhu
13th February	Rtn. Manish Aggarwal
15th February	Rtn. Hardev Singh Ubha
15th February	Rtn. Sulalit Kumar Gupta
20th February	Rtn. Vivek Goyal
21st February	Rtn. Sunil Kansal
22nd February	Rtn. Vebhu Bhatnagar
22nd February	Rtn. Inderjeet Singh
24th February	Rtn. Sanjeev Kumar Mangla

RCCC BOARD 2024-25

President	Rtn. Surendra Prasad Ojha
Vice President Senior	Rtn. Anil Sharma
Vice President	Rtn. Deepak Verma
President Elect	Rtn. Vebhu Bhatnagar
IPP	Rtn. Sunil Kansal
Sargent at arms	Rtn. Bhupinder Singh Kapur
Secretary	Rtn. Sukh Raj Singh Riar
Jr. Secretary	Rtn. V. P. Sharma
Club Treasurer	Rtn. R.D. Singh Riar
Trust Treasurer	Rtd. R.S. Cheema

Director

1. Rtn. Sanjeev Sharma
2. Rtn. Ashok Gupta
3. Rtn. H. S. Ubha
4. Rtn. Ankush Gupta
5. Rtn. J. S. Minhas